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Rehabilitation Road Map

Jillian Harris OTD Student UCA Capstone

Mentors: Dr. Lorrie George-Paschal PhD, ORT/L, ATP, Sheila Beck MSPT CBIST, and Brandi Dawson MS

Contributors

University of Central Arkansas:

Faculty Mentor- Dr. Lorrie George-Paschal PhD, OTR/L, ATP

University of Arkansas for Medical Sciences:

Site Supervisor- Sheila Beck MSPT CBIST

Expert Mentor- Brandi Dawson MS

Origin of Idea

The creation of this Road Map is attributed to my involvement with the Conway Brain Injury Community, as well as the THRIVE support group from the UAMS Brain Injury Program. The direction and overall completion of this map could not have been done without each individual's involvement.

Icon Key

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Back to the Region Index

Back to the Description Section

Next Slide

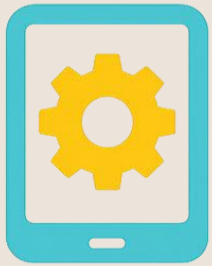
Next Part of the Resource Section

Description of the “Road Map”

This interactive Google Slides "Road Map" is designed to help patients with traumatic brain injury (TBI) and their families easily access regional resources throughout Arkansas by clicking on their area of residence. The map connects users to vital support as they transition back home, offering quick links to services such as these below! Click below to see what each section has to offer! To skip to Online Resources, click HERE

Support Groups

Transportation Services



Assistive Technology

Community Resources

Substance Abuse Resources

What to Expect: Support Groups

This section offers a detailed list of in-person support groups for people with traumatic brain injury (TBI), as well as their caregivers and family members. These groups provide a safe, welcoming space where people can connect, share their experiences, ask questions, and find emotional support from others who understand what they're going through.

- **Format:** Information is organized in chart form, sorted by location within each region (1-9)
- **Includes:** Group names, physical meeting locations, times, contact phone numbers, and facilitator details
- **Note:** In addition to listings from the selected region, support group options from surrounding counties are included to increase accessibility, especially for rural or underserved areas

What to Expect: Transportation Services

This section highlights transportation options that help people with TBI get to medical appointments, rehab centers, community programs, and other important services. It includes low-cost, Medicaid-funded, and community-sponsored services to make sure travel is easy and affordable for everyone.

- **Format:** A detailed chart format including the transportation provider name, service area, phone number, services offered, and how to utilize the services
- **Includes:** Non-emergency medical transport, public or regional transit systems, and community mobility programs specifically serving individuals with disabilities
- **Note:** Transportation options from nearby counties are included when they serve overlapping service areas or offer broader route coverage

What to Expect: Assistive Technology

This section shares helpful resources for assistive technology that support people with TBI in gaining more independence, improving communication, moving around, and handling daily tasks. The tools and services include things like mobility aids, communication devices, and adaptive equipment for use at home or at work.

- **Format:** A structured chart that lists the name of each organization or provider, county served, physical address, phone number, and services offered
- **Includes:** Assistive device demonstration sites, lending libraries, evaluation centers, and providers of adaptive home and vehicle modifications
- **Note:** If certain assistive technology services are not available in the user's region, resources from nearby counties are included to ensure access

What to Expect: Community Resources

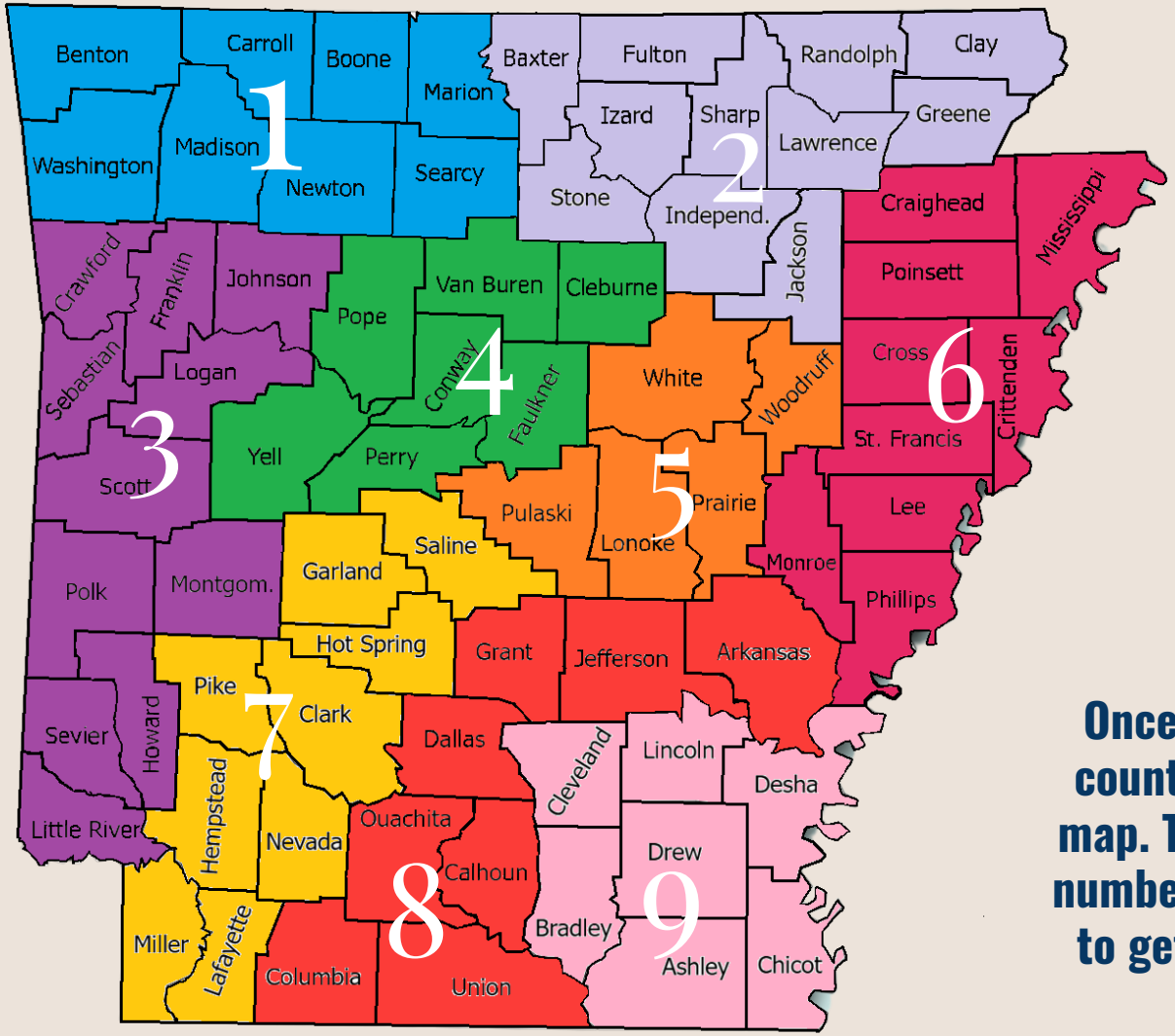
This section provides helpful information about local services that support TBI patients and their families as they adjust and reconnect with their communities. These services are here to make life a little easier and offer support in many ways. You can find resources on mental health, occupational therapy, physical therapy, and speech therapy services within these sections. There is information on how to access these, as well as payment and eligibility information. For other resources such as, food pantries, financial aid offices, legal services, housing programs, employment centers, and peer support services within your area visit HERE and follow the link to other resources within your area!

- **Format:** Presented in chart form with columns for service name, county, contact number, address, and description of services
- **Includes:** mental health, occupational therapy, physical therapy, and speech therapy, and some vocational services
- **Note:** Counties adjacent to the region are included to offer a wider range of services when availability in the user's home county is limited

What to Expect: Substance Abuse Disorder Resources

This section can be found in the Online Resources section. It has information on finding meetings near you, peer support, sponsorship, and other information that you can access dependant on your location in Arkansas. To access the Alcoholics Anonymous and Narcotics Anonymous Online Resources section click HERE.

- **Format:** Information is displayed in chart form and includes the group name, meeting day and time, physical location, and local contact for questions
- **Includes:** Both daytime and evening meeting options to suit a variety of schedules, as well as contact details for local intergroup offices
- **Note:** Meetings in surrounding counties are also listed to give users additional options and increase their chances of finding a nearby support location



If you don't know what county you live in, you can click this link and put your zip code or address in! https://www.randymajors.org/countygmap?state=AR&onestate=show&labels=show

Once you know your county, find it on the map. Then click on the number within the area to get to your region

Region 1 Index

- Support Groups
- Transportation
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- Community Resources
- Substance Abuse Resources

Counties Here:

- Benton
- Washington
- Madison
- Carroll
- Boone
- Searcy
- Marion
- Newton

Region 1: Support Groups

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County	Group Name	Location and Address	Meeting and Contact Information	Website Link	Surrounding Counties
Washington	Fayetteville Brain Injury Survivor Group	📍 Encompass Health Rehabilitation Hospital – Day Room 153 Monte Painter Dr., Fayetteville, AR	🕑 1st Monday of each month, 3:00–4:30 PM	🌐 biaarkansas.org	Boone, Madison, Carroll
Washington	TBI Support Group — Sources for Community Independent Living Services, Inc.	📍 Sources for Community Independent Living Services, Inc.1918 N. Birch Avenue, Fayetteville, AR	📞 Sherry Priestaf: 479-442-5600 / 1-888-284-7521✉ priestaf@arsources.org 🗓 Contact for meeting schedule	🌐 brainandspinalcord.org	Boone, Madison, Carroll

Region 1: Transportation

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County Areas	Service Name	What It Offers	How to Access	Payment & Eligibility
Boone, Baxter, Carroll, Searcy, Marion, Madison	**Northwest Arkansas Economic Development District (NWAEDD)**	🚙 Rural public transportation services including scheduled rides for medical appointments, shopping, and more	Call 📞 (870) 741-5404 or visit nwaedd.org/transportation 📍 818 Hwy 62/65/412 North, Harrison, AR 72601	✅ Fees vary by trip; available to general public and seniors. Eligibility may depend on funding in your county
Washington County (Fayetteville)	**Fayetteville On Demand Taxi & Transit Program**	🚙 Transit passes and taxi voucher program for essential trips like medical appointments	Call 📞 (479) 575-8260 or visit fayetteville-ar.gov/695/Taxi-and-Transit-Passes 📍 113 West Mountain Street, Fayetteville, AR 72701	✅ Vouchers for eligible residents (often income- or need-based); application through city transit

Region 1: Assistive Technology ICAN

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Name	What it Offers	Who it Helps	How to Access
Fayetteville Source / ICAN	Assistive technology loans, device reuse, and evaluations through iCAN's Northwest Arkansas source center.	Individuals with disabilities in Northwest Arkansas seeking AT support.	📍 1918 N. Birch Avenue, Fayetteville, AR 72703 📞 479-442-5600 🌐 Link
Bentonville Schools Special Services / ICAN	School-based assistive tech evaluations, training, and resources in partnership with iCAN.	Students with disabilities in the Bentonville School District.	📍 Attn: Brie Norton, 1000 SE 14th Street, Bentonville, AR 72712 📞 479-418-7350 🌐 Link
Fayetteville – AT@Work / ICAN	Job-focused assistive technology services including evaluations and accommodations through AT@Work.	Individuals with disabilities needing AT in employment settings.	📍 3715 N. Business Drive, Suite 104, Fayetteville, AR 72703 📞 479-521-5376 🌐 Link
Arkansas Rehabilitation Services (ARS)	Rehabilitation services including AT assessments, vocational rehab, independent living support.	Arkansans with physical, cognitive, sensory disabilities.	📞 501-296-1600 / Toll-Free 800-330-0632 🌐 ARS local office map (dws.arkansas.gov, dws.arkansas.gov, acl.gov)

Region 1: Community Resources

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County Areas	Service Name	What It Offers	How to Access	Payment & Eligibility
Benton, Washington, Madison, Carroll, Boone, Searcy, Marion, Newton	**UAMS Fayetteville Outpatient Therapy Clinic**	🚙 In-person OT, PT, and Speech 💻 Telehealth services	📞 Call (479) 713-8701 📍 1125 N. College Ave., Fayetteville, AR 72703 🌐 FindHelp Listing	💲 Sliding scale available ✅ Medicaid and private insurance accepted
Benton County	**Arkansas Rehabilitation Services – Benton Office**	🚙 In-person OT & speech therapy 💻 May include assistive technology supports	📞 Call (501) 317-1390 📧 Email: ACECommunications@arkansas.gov 📍 Address: 1000 W. Monroe Ave, Lowell, AR 72745	💲 Insurance accepted ✅ State rehab services; eligibility varies by disability status
Benton, Washington, Boone, Madison, Carroll, Marion, Searcy, Newton	**Friendship Community Care – Adult Therapy Services**	🚙 OT, PT & Speech for adults 🧠 Developmental & rehab services	📞 Call (479) 636-0200 📍 Multiple clinic locations in NWA 🌐 friendshipcommunitycare.org	💲 Low-cost or free via grant programs ✅ Accepts Medicaid/private insurance; sliding scale available
All listed counties	**AR Medicaid Therapy (Adult Home Health, Rehab)**	🚙 OT, PT, and Speech through rehab or home care 💻 Telehealth in some programs	📞 Request referral from PCP 📍 Statewide Medicaid-approved clinics 🌐 AR Medicaid Portal	💲 Free through Medicaid ✅ Must be Medicaid-eligible & have provider referral

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- Community Resources
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Counties Here:

- Baxter
- Fulton
- Izard
- Stone
- Sharp
- Independence
- Lawrence
- Randolph
- Greene
- Jackson
- Clay

Region 2: Support Groups

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County	Group Name / Resource	Location and Address	Meeting & Contact Info	Website Link	Serves These Counties
Stone	TBI Support Group	📍 Fellowship Cumberland Presbyterian Church – Basement/Hall Hwy 5 S & Cooper St., Mountain Home, AR 72653	🕒 1st Saturday monthly, 10:00–11:30 AM 📞 Dr. Vann Smith: 870-424-3424	🌐 brainandspinalcord.org	Searcy, Van Buren, Cleburne, Izard
Fulton, Independence, Izard, Sharp, Stone, Jackson	White River Area Agency on Aging – Region II(TBI support & aging services)	📍 3998 Harrison St., Batesville, AR 72503	📞 870-612-3000 / 1-800-382-3205	🌐 wraaa.com	Cleburne, Fulton, Independence, Izard, Jackson, Sharp, Stone, Van Buren, White
Clay, Greene, Lawrence, Randolph, Jackson	East Arkansas Area Agency on Aging – Region III	📍 2005 E. Highland Dr., Jonesboro, AR 72403	📞 870-972-5980 / 1-800-467-3278	🌐 e4aonline.com	Clay, Craighead, Crittenden, Cross, Greene, Lawrence, Randolph

Region 2: Transportation Services

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County Area	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed	Arkansas Medicaid NET (Non-Emergency Transportation)	🚌 Rides to Medicaid-covered appointments using wheelchair/lift-equipped shared vans	📞 Call 1-888-987-1200 at least 48 h before 🌐 NET Program Info (eafhc.org, humanservices.arkansas.gov)	✅ No-cost with Medicaid / ARKids First-A
All listed	Verida NEMT (Arkansas Medicaid Broker)	🚐 Broker-arranged wheelchair-accessible rides to medical appointments	📞 Region B (covers all these counties): 1-888-833-4130 🌐 Verida Arkansas Members	✅ No-cost with Medicaid
Baxter, Marion	Ozark Mobility NEMT – Baxter County	🚐 Local non-emergency, accessible medical transport	📞 (870) 425-6475 (Ozark Mobility, Mountain Home)	💲 Typically free/low-cost; Medicaid billing possible

Region 2: Transportation Services Pt. 2

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County	Service Name	What it offers	How to Access	Payment/ Eligibility
Baxter	North Arkansas Transportation Service (NATS)	🚍 Community transit including wheelchair-accessible vans for medical needs	Via City of Mountain Home / Baxter County	💲 Medicaid/Medicare accepted
Jackson, Greene, Lawrence, Clay, Randolph	East Arkansas Family Health Center – Medical Transport	🚑 Local & long-distance NEMT, ADA-equipped vehicles	📞 (870) 735-3842 🌐 EAFHC Transportation	✅ Free for Medicaid patients
Greene (Jonesboro)	Jonesboro JETS Paratransit	🚌 City paratransit with lift-equipped vans for those unable to use fixed-route	🌐 JETS Paratransit Info	💲 Medicaid/Medicare billing possible
All listed	Arkansas Brain Injury Council – Accessible Travel	🧭 Resource & referral hub for brain injury-friendly travel in Arkansas	🌐 UAMS Accessible Travel	ℹ Not a provider; info/referral only

Region 2: Assistive Technology

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Name	What it Offers	Who it Helps	How to Access
Fayetteville Source / ICAN	Assistive technology loans, device reuse, and evaluations through iCAN's Northwest Arkansas source center.	Individuals with disabilities in Northwest Arkansas seeking AT support.	📍 1918 N. Birch Avenue, Fayetteville, AR 72703 📞 479-442-5600 🌐 Link
Bentonville Schools Special Services / ICAN	School-based assistive tech evaluations, training, and resources in partnership with iCAN.	Students with disabilities in the Bentonville School District.	📍 Attn: Brie Norton, 1000 SE 14th Street, Bentonville, AR 72712 📞 479-418-7350 🌐 Link
Fayetteville – AT@Work / ICAN	Job-focused assistive technology services including evaluations and accommodations through AT@Work.	Individuals with disabilities needing AT in employment settings.	📍 3715 N. Business Drive, Suite 104, Fayetteville, AR 72703 📞 479-521-5376 🌐 Link
Arkansas Rehabilitation Services (ARS)	Rehabilitation services including AT assessments, vocational rehab, independent living support.	Arkansans with physical, cognitive, sensory disabilities.	📞 501-296-1600 / Toll-Free 800-330-0632 🌐 ARS local office map (dws.arkansas.gov, dws.arkansas.gov, acl.gov)

Region 2: Assistive Technology Pt. 2

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Name	What it Offers	Who it Helps	How to Access
Assistive Technology at Work (AT@Work) – Regional Workforce Centers	Workplace AT assessments, job-site consulting, assistive device demos via iCAN.	Job seekers and employees with disabilities in vocational rehab.	Through local Workforce Development centers in Fulton, Randolph, Sharp, Izard, Independence, Baxter, Stone etc.
Baxter County FEMA Disaster Recovery Center (DRC)	Provides assistive technology and accessibility accommodations during disaster recovery.	County residents with disabilities needing access support post-disaster.	📍 1042 Highland Circle, Mountain Home, AR 72653 (Tues/Thurs/Sat 10 a–4 p)
Medical Equipment & Disability Aid Providers (e.g., Baxter Health, Salem, Mountain View)	Durable medical equipment: wheelchairs, hospital beds, ramps, hospital home modifications.	Individuals needing AT and mobility support in stone, sharp, izard, greene, clay, jackson, lawrence, independence.	Varies by county—e.g., Stone County Medical Supply (Mountain View, Stone), Camden Medical Supply (Mountain Home, Baxter), Tri-County Medical Supply (Salem, Fulton), Stevens & Stevens (Paragould, Greene), Seals Pharmacy (Piggott, Clay).
Fulton County Community Services (Head Start & Health Clinics)	Health screenings, prescription assistance, and info on medical equipment programs.	Low-income families and individuals in Baxter, Fulton.	📞 Baxter Christian Clinic (870-425-5010), Mammoth Spring Family Health (870-625-1709), Salem Clinic (870-895-3434)

Region 2: Community Resources

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County	Service Name	Services Provided 🚗 💻	How to Access 📞 📍	Payment & Eligibility ✅ 💲
Baxter, Fulton, Greene, Jackson, Randolph	UAMS Northeast Regional Campus Outpatient Therapy Clinic	🚗 In-person PT, OT, Speech 💻 Telehealth	📞 (870) 972-0063 📍 311 E. Matthews Ave, Jonesboro, AR 72401 🔗 Visit UAMS	✅ Sliding-scale fees 💲 Medicaid & insurance accepted
Sharp, Izard, Stone, Independence	Unity Health Therapy Services	🚗 In-clinic PT (orthopedic, neuro, post-surgical rehab)	📞 (501) 278-2800 📍 3214 E. Race Ave, Searcy, AR 72143 🔗 Visit Unity Health	✅ Insurance & Medicaid accepted 💲 Sliding scale may apply
All listed counties	Arkansas Medicaid Therapy Providers	🚗 PT, OT, Speech 💻 Some telehealth providers	📍 Ask PCP for referral 🔗 Find Medicaid Providers	✅ Free if Medicaid-eligible
All listed counties	Arkansas Rehabilitation Services (ARS)	🚗 OT, Speech, Assistive Tech, Vocational Rehab	📞 (501) 296-1600 🔗 Visit ARS	✅ Free for adults with disabilities (TBI, stroke, etc.)

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- Community Resources
- Substance Abuse Resources

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- Sebastian
- Franklin
- Logan
- Johnson
- Scott
- Polk
- Montgomery
- Sevier
- Howard
- Little River

Region 3: Support Groups

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County	Group Name	Location and Address	Meeting & Contact Information	Website Link	Surrounding Counties
Johnson	TBI Support Group	📍 1137 S. Rogers St., Clarksville, AR 72830	🕒 Meets monthly for lunch (contact for schedule) 📞 Jim Spragins: 479-890-5751 📧 jbspragins@ars.state.ar.us	🌐 brainandspinalcord.org	Franklin, Logan, Pope, Yell
Sebastian	Fort Smith Brain Injury Survivor Group	📍 Waychoff Senior Center, 320 Trailwood Dr., Heber Springs *(Note: address seems mismatched—see note below)*	🕒 2nd Monday of each month, 1:30–3:00 PM 📧 arkansasbia@gmail.com	🌐 biaarkansas.org	Crawford, Franklin, Logan, Scott

Region 3: Transportation Services

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County Area	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed	Arkansas Medicaid NET (Non-Emergency Transportation)	🚌 Shared rides to Medicaid-covered medical appointments; wheelchair/lift-equipped vans (southeastrans.com)	📞 Call 1-888-987-1200 at least 48 h ahead 🌐 NET program info	✅ Free with Medicaid / ARKids First-A
All listed	Verida NEMT (Arkansas Medicaid Broker)	🚐 Brokered, wheelchair-accessible medical transport for Medicaid members	📞 Region D Helpline: 1-888-822-6155 🌐 Verida Arkansas Members | ✅ Free with Medicaid |	
Crawford, Sebastian, Franklin, Logan, Johnson, Polk, Scott, Yell	Western Transit System (WTS)	🚐 Rural transit with wheelchair-accessible vans for non-emergency medical and essential trips	📞 1-855-642-0060 or 479-424-2098 🌐 Aging West – Transportation	💲 Fare-based; Medicaid/Medicare billing possible

Region 3: Transportation Services Pt. 2

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Counties	Name of Service	Who they Help	How to Access	Payment/ Eligibility
All listed	Area Agencies on Aging / Regional Senior Transport	🧓 Medical & essential rides for seniors with ADA-accessible vehicles	📞 Regional AAAs (call central info: 866-245-5498) 🌐 Arkansas Area Agencies on Aging – Transportation	💲 Free/low-cost for age 60+; Medicaid eligible
Sebastian, Crawford, Franklin, Logan, Polk, Scott	Crawford–Sebastian Community Development Council (CDC)	🚙 Social service–oriented transport (may include NEMT for disabled adults in emergencies)	📞 Contact local CDC office (Fort Smith area)	💲 Typically low-cost/free via grant-funded programs
All listed	Arkansas Brain Injury Council – Accessible Travel	🧭 Referral & guidance on accessible transportation options across Arkansas	🌐 UAMS Accessible Travel & Transportation	ℹ️ Informational; not direct provider

Region 3: Assistive Technology

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Name	What it Offers	Who it Helps	How to Access
Increasing Capabilities Access Network (iCAN)	AT device reuse, demos, training, info.	Arkansans with disabilities or health issues.	📍 5401 S. University Ave., Little Rock, AR 72209 📞 501-666-8868 / 800-828-2799 🌐 ar-ican.org 📍 Fayetteville Location 1918 N. Birth Avenue Fayetteville, Ar 72703 📞 (479)442-5600 🌐 https://equipment.ar-ican.org/program/programdetails?id=507
Telecommunications Access Program (TAP)	Free telecom equipment.	Arkansas residents with certified disabilities using personal telecom services.	🌐 TAP Application & Info
Alternative Financing Program (AFP)	Low-interest loans for AT devices/services.	Arkansas residents with disabilities.	📞 501-296-1663 ✉ afp@dws.arkansas.gov 🌐 dws.arkansas.gov
Assistive Technology at Work (AT@Work)	AT assessments, consultation via workforce centers.	Clients in vocational rehab, job-seekers needing workplace accommodations.	📍 Fort Smith Workforce Center (serving Crawford, Franklin, Logan, Sebastian, Scott, Polk) 📞 479-783-0231 (dws.arkansas.gov, dws.arkansas.gov)

Region 3: Community Resources

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Name	What it Offers	Who it Helps	How to Access
TBI Crisis Stabilization Unit – Fort Smith	Mental health crisis support for TBI survivors.	Individuals with TBI in Sebastian, Crawford, Franklin, Logan, Scott, Polk.	📍 3113 S. 70th St., Fort Smith, AR 72903 📞 479-785-9480
Western Arkansas Counseling & Mental Health Center	Behavioral health; includes AT for mental/behavioral impairments.	Residents of Crawford, Franklin, Polk, Sebastian, Scott, Logan.	Access via DHS/HHS referral; regional offices
Southwest Arkansas Counseling & Mental Health Center	Similar behavioral/mental health services including AT.	Residents in Howard, Sevier, Little River.	Service area includes Howard, Sevier, Little River via DHS/HHS https://www.facebook.com/SWACMHC.INC/ 2904 Arkansas Boulevard, Texarkana, Ar 71854 (870) 733-4655 or (800)-652-9166
Ouachita Behavioral Health and Wellness- DASEP, PATH, Evaluations, Walk-in Clinic			125 Wellness Way Hot Springs, Ar. 71913 (501)-624-7111 or ESN: (800)-264-2410 https://obhaw.org/programs/adults/

Community Resources Pt. 2

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County	Service Name	Services Provided 🚗 💻	How to Access 📞 📍	Payment & Eligibility ✅ $
All listed	**UAMS Outpatient Therapy (Fort Smith region)**	🚗 In-person PT, OT, Speech 💻 Telehealth	📞 Via UAMS main line 🔗 UAMS Rehabilitation (UAMS Health)	✅ Sliding scale $ Medicaid & insurance accepted
Crawford, Sebastian	**Mercy Therapy Services – Dallas Street (Fort Smith)**	🚗 In-person PT, OT, Speech 💻 Telehealth	📞 (479) 314-6186 📍 7610 Dallas St, Fort Smith, AR 72903 🔗 Mercy Therapy – Dallas St	✅ Insurance accepted $ Ask about sliding scale
Crawford, Sebastian	**Mercy Therapy – Fort Smith Orthopedic Hospital**	🚗 PT, OT, Speech, Neurological Rehab	📞 (479) 709-8350 📍 3601 S. 79th St, Fort Smith, AR 72903 🔗 Mercy Orthopedic	✅ Insurance accepted $ Inquire about financial aid
All listed	**Arkansas Medicaid Therapy Providers**	🚗 PT, OT, Speech via outpatient/home health 💻 Telehealth	❗ Ask PCP for referral 🔗 AR Medicaid Providers	✅ Free if Medicaid-eligible
All listed	**Arkansas Rehabilitation Services (ARS)**	🚗 OT, Speech, Assistive Tech, Vocational Rehab	📞 (501) 296-1600 🔗 AR Rehabilitation Services	✅ Free for adults with disabilities
Sebastian	**Mercy Rehabilitation Hospital – Fort Smith (Inpatient)**	🚗 Intense inpatient PT, OT, Speech for stroke, brain injury, trauma	📞 via Mercy; check [Mercy Rehabilitation Hospital website]	✅ Insurance-based; may qualify for medicaid-funded inpatient care

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Counties Here:

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- Van Buren
- Cleburne
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- Yell
- Faulkner
- Perry

Region 4: Support Groups

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*While there are not any TBI support groups within these counties directly, these are two in-person support groups that are close to these counties. Click HERE to see online resources for support groups for more information!

County	Group Name / Resource	Location and Address	Meeting & Contact Info	Website Link	Coverage Area
Faulkner (Conway)	Brain Injury Survivor Group – Conway	📍 3165 Cresthaven St., Conway, AR 72034	📞 Contact the Arkansas Brain Injury Association for meeting info: 501-747-9596	🌐 biaarkansas.org	Faulkner, Conway, Perry, Van Buren
Pulaski (for nearby counties like Perry, Faulkner, Yell, Pope)	Brain Injury Association of Arkansas – In-Person Group	📍 9501 Baptist Health Dr., Little Rock, AR 72205	🕑 Meets 2nd Tuesday monthly, 6:00–7:00 PM 📞 Diane Gottsponer: 501-202-7047	🌐 biaarkansas.org	Pulaski, Perry, Faulkner, Pope, Yell

Region 4: Transportation Services

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County	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed(Pope, Van Buren, Cleburne, Conway, Yell, Faulkner, Perry)	Arkansas Medicaid NET (Non-Emergency Transportation)	📍 Rides to Medicaid-covered appointments via shared vans with wheelchair/lift access.	📞 Call 1-888-987-1200 at least 48h before appointment🌐 NET Info	✅ Free with Medicaid / ARKids First-A
Pope, Conway, Yell, Perry	Western Transit System (WTS)	🚌 Rural public transit including accessible vans for individuals with disabilities.	📞 855-642-0060 or 479-424-2098🌐 WTS Website	💲 Fare-based; Medicaid/Medicare billing possible
Faulkner (Conway)	Metro Connect – Conway	🚕 On-demand ride service to medical and essential appointments.	📞 501-476-3761🌐 Metro Connect	💲 $5 pickup + $1.50/mi; may accept Medicaid/Medicare billing
All listed	Ealy Transportation (Conway)	🚌 Local and long-distance medical transport with wheelchair access.	📞 501-358-6177🌐 Ealy Transportation Facebook	💲 $25 flat + mileage; accepts Medicare/Medicaid (confirm in advance)

Region 4: Transportation Services Pt. 2

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County	Service Name	What it Offers	How to Access	Payment/Eligibility
Pope (Russellville)	Affordable Taxi of Pope County / AAA Taxi	🚖 Taxi-style local transport for medical and daily needs.	📞 Affordable Taxi: 479-518-5705 📞 AAA Taxi: 479-967-7433	💲 Fare-based; Medicaid/Medicare billing possible (call to confirm)
Van Buren (Clinton)	Clinton Senior Center / Van Buren Co. Aging Program	🚌 In-county senior and medical transport.	📞 Senior Center: 501-745-2544 📞 Aging Program: 501-745-2244	💲 Usually free/low-cost for seniors and Medicaid participants
All listed	Area Agency on Aging – West Central AR	🧓 Senior-focused transportation including non-emergency medical rides.	📞 501-321-2811 / 800-467-2170 🌐 AAA West Central	💲 Free/low-cost for eligible adults (60+)

Region 4: Assistive Technology

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Name	What it Offers	Who it Helps	How to Access
Increasing Capabilities Access Network (iCAN)	Statewide assistive technology device reuse, demonstrations, training, and info services.	Arkansans of all ages with disabilities or health issues.	📍 5401 S. University Ave., Little Rock, AR 72209 📞 501-666-8868 / 800-828-2799 🌐 ar-ican.org
Telecommunications Access Program (TAP)	Free telecommunication equipment for eligible individuals with disabilities.	Arkansas residents with certified disabilities who use personal telecommunication services.	🌐 TAP Application & Info
Arkansas State University-Beebe – Disability Services	Assistive software and technology support for students with disabilities.	ASU-Beebe students with disabilities.	🌐 asub.edu Disability Services

Region 4: Assistive Technology Pt. 2

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Name	What it Does	Who it Helps	How to Access
Alternative Financing Program (AFP)	Low-interest loans to purchase assistive technology devices and services.	Arkansas residents with disabilities needing financial assistance.	📞 501-296-1663 ✉ afp@dws.arkansas.gov 🌐 dws.arkansas.gov
Division of Services for the Blind (DSB)	Assistive technology training and devices for people who are blind or visually impaired.	Individuals who are blind or visually impaired.	📞 800-232-5463 ✉ dsb@dhs.arkansas.gov 🌐 aphconnectcenter.org
ARChoices in Home Care	Medicaid waiver program providing home modifications and AT for eligible adults.	Medicaid-eligible adults with physical disabilities.	🌐 homemods.org ARChoices
University of Central Arkansas – OARS	Assistive technology devices and training for college students with disabilities.	UCA students with disabilities.	📞 501-450-3613 ✉ oars@uca.edu 🌐 uca.edu/oars

Region 4: Community Resources

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County	Service Name	Services Provided 🚗 💻	How to Access 📞 📍	Payment & Eligibility ✅ 💲
All listed	**UAMS Outpatient Therapy Clinics (Little Rock, Conway)**	🚗 In-person PT, OT, Speech 💻 Telehealth options	📞 (501) 686-8000 (LR); 📞 (501) 327-1000 (Conway) 🔗 UAMS Rehabilitation	✅ Sliding-scale fees 💲 Medicaid & private insurance accepted
Pope, Conway	**Conway Regional Physical Therapy & Rehab**	🚗 In-clinic PT, OT, Speech services	📞 (501) 327-1090 📍 1501 Professional Dr, Conway, AR 72034 🔗 Conway Regional Rehabilitation	✅ Insurance accepted 💲 Ask about financial assistance/sliding scale
Faulkner, Perry	**Saint Vincent Rehabilitation Clinics**	🚗 In-person OT, PT, Speech 💻 Telehealth options	📞 (501) 552-1000 🔗 Saint Vincent Rehab	✅ Insurance & Medicaid accepted 💲 Inquire about reduced-fee plans

Community Resources Pt. 2

County	Service Name	Services Provided 🚗 💻	How to Access 📞 📍	Payment & Eligibility ✅ 💲
All listed	**Arkansas Medicaid Therapy Providers**	🚗 PT, OT, Speech via outpatient or home health 💻 Telehealth	📍 Referral from PCP 🔗 Find Medicaid Providers	✅ Free for Medicaid-eligible adults
All listed	**Arkansas Rehabilitation Services (ARS)**	🚗 OT, Speech, Assistive Tech, Vocational Rehab	📞 (501) 296-1600 🔗 AR Rehab Services	✅ Free for adults with disabilities (including TBI, stroke survivors)
Van Buren, Cleburne, Yell	**Local Independent Living Centers**	💻 Virtual peer support & assistive tech training (OT-aligned)	🔗 Search your local regional center via Arkansas IL Network	✅ Free; open to adults with physical or cognitive disabilities

Region 5 Index

- Support Groups
- Transportation Services
- Assistive Technology
- Community Resources
- Substance Abuse Resources

Counties Here:

- White
- Woodruff
- Prairie
- Lonoke
- Pulaski

Region 5: Support Groups

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County	Group Name	Location and Address	Meeting & Contact Info	Website Link	Coverage
Pulaski	Brain Injury Support Group – Little Rock	📍 Baptist Health Rehabilitation Institute – Ground Floor, Inservice Education Room 9501 Baptist Health Dr., Little Rock, AR 72205	🕒 2nd Wednesday monthly, 11:30 AM–1:00 PM 📞 Diane Gottsponer: 501-202-7047	🌐 biaarkansas.org (idhi.uams.edu, biaarkansas.org)	Pulaski, accessible to Prairie, Lonoke, White
Pulaski	TBI Support Group – Benton (via NR Timber Ridge)	📍 Timber Ridge Ranch NeuroRestorative Services 15000 Hwy 298, Benton, AR 72015	🕒 4th Friday monthly, 10:00 AM–12:00 PM 📞 Mike Bell: 501-594-8291	🌐 neurorestorative.com	Pulaski, White, Lonoke, Prairie
Pulaski	TBI Support Group at Baptist Health Rehabilitation Institute	Baptist Health Rehabilitation Institute Ground Floor – Therapeutic Recreation Room Little Rock, Arkansas	This group meets on the second Tuesday of each month from 6 to 7 pm. Diane Gottsponer at 501-202-7047 or Tdgottsp@baptist-health.org	https://brainandspinalcord.org/support-groups-brain-injury-arkansas/	Pulaski, White, Lonoke, Prairie

Region 5: Transportation Services

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County	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed	Arkansas Medicaid NET (Non-Emergency Transportation)	🚐 Shared rides for Medicaid-covered medical appointments; wheelchair/lift access available	📞 Call 1-888-987-1200 (at least 48 h ahead) 🌐 More info & broker map	✅ Free with Medicaid / ARKids First-A (humanservices.arkansas.gov, uberhealth.com)
All listed	Verida NEMT (Arkansas Medicaid Broker)	🚍 Regional brokered rides with wheelchair capabilities for appointment travel	📞 Region D (your counties): 1-888-822-6155 🌐 Verida Arkansas Members	✅ Free with Medicaid
Pope, Conway, Yell, Perry	Western Transit System (WTS)	🚐 Rural transit with ADA-accessible vans for medical trips	📞 855-642-0060 or 479-424-2098 🌐 Aging West – Transportation	💲 Fare-based; Medicaid/Medicare billing possible

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Region 5: Transportation Services Pt. 2

Counties	Name of Service	Who it Helps	How to Access	Payment/ Eligibility
Van Buren	Uber Health (NEMT)	🚑 HIPAA-compliant on-demand or scheduled rides; suitable for wheelchair assistance	📞 Healthcare provider arranges via Uber Health dashboard 🌐 Uber Health NEMT Van Buren	💲 Typically billed to provider; check Medicare/Medicaid coverage
Faulkner (Conway)	Jefferson Lines Medical Transport	🚌 Long-distance coach service to medical facilities	📞 501-327-3128 🌐 See listings from Jefferson Lines	💲 Fare-based; wheelchair-accessible; Medicare/Medicaid billing varies
All listed	Area Agency on Aging – West Central AR	🧓 Senior & disabled non-emergency medical transportation	📞 501-321-2811 / 800-467-2170 🌐 AAA West Central Transportation	💲 Free/low-cost for age 60+; supports Medicaid users
Pope (Russellville)	Pope County EMS Non-Emergent Transport	🚑 Local wheelchair-accessible medical transport	🌐 See Pope County EMS Services	💲 Typically Medicaid/Medicare reimbursable

Region 5: Assistive Technology

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Name	What it Offers	Who it Helps	How to Access
iCAN of Arkansas	Free AT device demos, loans, training, and referrals across Arkansas.	Anyone with a disability (including TBI), families, providers	📍 5401 S. University, Little Rock, AR 72209 📞 800-828-2799 🌐 Link
AT @ Work	Workplace-based assistive tech assessments, training, and vocational rehabilitation support.	Individuals with disabilities needing workplace accommodations or job retention tools	📍 1 Commerce Way, Building 4, Little Rock, AR 72202 📞 501-683-6052 🌐 Link
ESVI (Evaluation Services for the Visually Impaired)	AT evaluation and access for individuals with visual impairments.	Visually impaired individuals across Arkansas	📍 1401 W. Capitol Ave, Suite 450, Little Rock, AR 72201 📞 501-682-4221 🌐 Link
ESRSS (Evaluation Services for the Seriously Sight-Impaired)	Specialized assessments and referrals for significant sight loss cases.	Individuals with severe visual disabilities	📍 1401 W. Capitol Ave, Suite 425, Little Rock, AR 72201 📞 501-682-4221 🌐 Link
ARS Region 8 – Little Rock Office	AT evaluations, device training, and AFP low-interest financing.	TBI survivors, individuals with disabilities, students, job seekers	📍 5401 S. University Ave, Little Rock, AR 72209 📞 501-682-0228 🌐 ARS Link

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Region 5 Assistive Technology Pt. 2

Name	What it Offers	Who it Helps	How to Access
Arkansas Transition Services	Transition-focused assistive tech support for students with disabilities preparing for adulthood and independence. Offers evaluations, resources, and referrals.	Youth and young adults with disabilities (including TBI) transitioning from school to adult life.	📍 1401 W. Capitol Ave, Suite 450, Little Rock, AR 72201 📞 501-682-4221 🌐 Link
Partners for Inclusive Communities – University of Arkansas	Advocacy, training, and assistive tech access for people with developmental and acquired disabilities. Supports inclusive living, learning, and working.	Individuals with disabilities and service providers across Arkansas.	📍 322 Main St., Suite 501, Little Rock, AR 72201 📞 501-291-3217 🌐 Link
Searcy – Harding University OT / iCAN	Occupational therapy-driven assistive technology support and evaluations in partnership with iCAN. Offers hands-on access and support for AT tools.	Individuals with disabilities in White County and surrounding areas (including TBI patients).	📍 1300 South Main Street, Searcy, AR 72143 📞 501-279-5410 🌐 Link

Region 5: Community Resources

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Name/ Services	General Information	Link	Counties
Professional Counseling Associates- discounted Individual Therapy Group Therapy Family Therapy Psychiatric Services Grief Counseling Medication Management	3601 Richards Road, North Little Rock Ar., 72117 (501) 221-1843 ESN: (800)-356-3035	https://www.pca-ar.org/	
Community Services Program- Outpatient Care and Day services	Sherwood (501) 835-4174 Jacksonville (501) 982-7515 Cabot (501) 843-3503 Lonoke (501 676-3151	https://www.pca-ar.org/images/services/Community_Support_Program_Brochure_DSP_10-8-20-2.pdf	Pulaski, Lonoke, Prairie

Region 5 Community Resources Pt. 2

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County	Service Name	Services Provided	How to Access 📞 📍 🔗	Payment / Eligibility ✅ 💲
Pulaski	UAMS Outpatient Rehabilitation & Speech Clinic	🚗 PT, OT, Speech 💻 Telehealth available	📞 501-686-8000 📍 4301 W. Markham St., Little Rock, AR 72205 🔗 UAMS Rehab (UAMS Health)	✅ Sliding scale 💲 Medicaid & most insurance accepted
Pulaski	Easterseals AR – Center for Training & Wellness	🚗 PT, OT, Speech in day-program setting	📞 501-367-1230 📍 14901 Cantrell Rd., Little Rock, AR 72223 🔗 Easterseals Center (Easterseals Arkansas)	✅ Adults 18+ with disability/TBI 💲 Medicaid, waivers & sliding-fee funds
Lonoke	Baptist Health Therapy Center – Cabot	🚗 PT, OT, hand therapy; limited Speech 💻 Virtual PT consults (call)	📞 501-843-9893 📍 100 Northport Dr., Ste F, Cabot, AR 72023 🔗 Baptist-Health Cabot (Baptist Health)	✅ Financial-assistance desk 💲 Medicaid & private insurance; self-pay discounts

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County	Service Name	Services Provided	How to Access 📞 📍 🔗	Payment / Eligibility ✅ 💲
White	Unity Health Outpatient Rehab – Orthopaedic & Spine Ctr.	🚗 PT, OT, Speech 💻 Limited tele-rehab	📞 501-278-2868 📍 710 Marion St., Searcy, AR 72143 🔗 Unity Health Rehab (Unity Health)	✅ Charity-care policy & grants 💲 Medicaid / insurance; sliding-scale
Woodruff	ADH Woodruff County Health Center – Home Health	🚗 In-home PT, OT, Speech via nurses & therapists	📞 870-731-2543 📍 139 W. Hwy 64, McCrory, AR 72101 🔗 Woodruff Health Center (Arkansas Department of Human Services)	✅ Medicaid / Medicare home-health eligible 💲 No cost to qualifying patients
Prairie	ADH Prairie County Health Unit – Des Arc (Home Health)	🚗 In-home PT, OT, Speech (by referral)	📞 870-256-4430 📍 204 Main St., Des Arc, AR 72040 🔗 County phone ref. list (ADH) (Arkansas Department of Health)	✅ Medicaid / Medicare home-health eligible 💲 No cost to qualifying patients

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- Community Resources
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Counties Here:

- Craighead
- Poinsett
- Cross
- Mississippi
- Crittenden
- St. Francis
- Lee
- Phillips
- Monroe

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Region 6: Support Groups

County	Group Name	Location and Address	Meeting & Contact Info	Website Link	Coverage Area
Craighead	Jonesboro TBI Support Group	📍 Encompass Health (HealthSouth Rehab) – 1201 Fleming Ave., Jonesboro, AR 72401	🕒 3rd Tuesday monthly, 3:00 PM 📞 Ashley Watson: 870-351-5995	🌐 brainandspinalcord.org (biausa.org, biausa.org, brainandspinalcord.org)	Craighead, Poinsett, Greene
Crittenden	West Memphis/Crttdn TBI Care†	📍 Baptist Memorial Hospital – 2100 N 7th St., West Memphis, AR 72301	📞 Hospital Rehab Dept: 870-394-7800	🏥 Baptist Memorial West Memphis site	Crittenden; may include surrounding counties

Region 6: Transportation Services

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County	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed	Arkansas Medicaid NET	🚌 Shared non-emergency medical transport, wheelchair/lift vans	📞 Call 1-888-987-1200 at least 48 h before appointment🌐 [NET program info](humanservices.arkansas.gov, healthy.arkansas.gov)	✅ Free with Medicaid / ARKids First-A
All listed	Verida NEMT (Medicaid Broker)	🚐 Brokered wheelchair-accessible rides for Medicaid clients	📞 Region-specific Helpline: 1-888-822-6155 🌐 [Verida Arkansas Members]	✅ Free with Medicaid
Craighead / Poinsett etc.	Jonesboro JETS – Ride JETS	🚐 Urban and ADA-accessible transit including paratransit	🌐 [ridejets.com] (lookup JETS Paratransit)	💲 Medicaid/Medicare typically accepted
Craighead	Encompass Health Rehab Transport (Jonesboro)	🚑 Wheelchair and stretcher-accessible rides for rehab patients	📞 Ashley Watson: 870-351-5995	💲 Billed to Medicare/Medicaid
Craighead	East Arkansas Family Health Center NEMT	🚐 Local & long-distance medical transport, ADA-equipped	📞 Schedule 72 h in advance 🌐 [eafhc.org/transportation]	💲 Free to Medicaid patients

Region 6: Assistive Technology

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Name	What it Offers	Who it Helps	How to Access
Increasing Capabilities Access Network (iCAN)	Free services including AT assessments, short-term device loans, product demos, training, and referrals to funding programs.	Individuals with disabilities (including those with TBI), families, caregivers, educators, and providers.	📞 Call: **870-962-2224** 🌐 Website: https://ar-ican.org Jonesboro Location lnk: https://equipment.ar-ican.org/program/programdetails?id=504 📍 2501 Danner Ave Communications Disorders Dpt - 211C Jonesboro , AR 72401
Arkansas Rehabilitation Services (ARS) – Region 4 (Jonesboro Office)	- AT evaluations and guidance - Support with training and device use - *Alternative Financing Program (AFP)*: Low-interest loans (up to $50K) for purchasing assistive tech, communication tools, or home modifications.	People with disabilities (including TBI), students, job seekers, and anyone needing support with daily function or independence.	📍 *2920 McClellan Dr., Suite 4110, Jonesboro, AR 72401* 📞 Call: **870-972-0025** 🌐 ARS Contact Page

Region 6: Community Resources

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County Areas	Service Name	What It Offers 🚗💻	How to Access	Payment & Eligibility ✅ $
Craighead, Poinsett, Cross, Mississippi	UAMS Jonesboro Outpatient Therapy Clinic	🚗 In-person OT, PT, speech 💻 Telehealth options	📞 (870) 972-4195 📍 2400 S. Caraway Rd, Jonesboro, AR 72401	✅ Sliding scale fees $ Medicaid & private insurance accepted
Crittenden, St. Francis, Lee, Phillips, Monroe	East Arkansas Family Health Center (EAFHC)	🚗 Speech & physical therapy in clinic 💻 Telehealth available	📞 (870) 735-7000 Multiple locations incl. West Memphis	✅ Free or low-cost based on income and insurance
All listed counties	Arkansas Medicaid Therapy Services	🚗 OT, PT, Speech through Medicaid providers 💻 May include home health & outpatient clinics	Referral from PCP or rehab provider; check local Medicaid providers	✅ Free for Medicaid-eligible adults

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- Saline
- Garland
- Hot Springs
- Clark
- Pike
- Hempstead
- Nevada
- Miller
- Lafayette

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Region 7: Support Groups

County	Group Name	Location and Address	Meeting & Contact Info	Website Link
Hot Springs (Garland, Hot Springs)	Hot Springs Survivor Group	📍 Garland County Library – Meeting Room D1427 Malvern Ave, Hot Springs, AR	🕑 Meets 1st Wednesday of each month, 1–2 PM 📞 Bill Hartley: 501-416-6325	🌐 biaarkansas.org (idhi.uams.edu, biaarkansas.org, biausa.org)
Saline	Benton NeuroRestorative Timber Ridge Group	📍 Timber Ridge Ranch / NeuroRestorative – 15000 Hwy 298, Benton, AR 72019	🕑 4th Friday monthly, 10 AM–12 PM 📞 Mike Bell: 501-594-8291	🌐 brainandspinalcord.org
Clark	Clarksville TBI Support Group	📍 Emerald Dragon Restaurant, Clarksville, AR	🕑 Meets monthly during lunch 📞 Jim Spragins: 479-890-5751	🌐 brainandspinalcord.org

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Region 7: Transportation Services

County	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed	Arkansas Medicaid NET	🚌 Shared rides to Medicaid-covered healthcare with wheelchair/lift vans	📞 Call 1-888-987-1200 (48 h in advance) 🌐 NET Info	✅ Free for Medicaid / ARKids First-A (humanservices.arkansas.gov, southeastrans.com)
All listed	Verida NEMT (Arkansas Medicaid Broker)	🚐 Brokered wheelchair-accessible Medicaid rides	📞 Region D helpline: 1-888-822-6155 🌐 Verida Members	✅ No-cost for Medicaid
All listed	Arkansas Brain Injury Council – Transportation Resource	🧭 Information & referral for accessible transport options	🌐 Reach via UAMS Brain Injury Program	ℹ️ Resource/referral—not a provider

Region 7: Transportation Services Pt. 2

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County	Service Name	What It Offers	How to Access	Payment / Eligibility
Saline, Garland, Hot Springs	Saline County Senior & Disabled Transit	🚐 Wheelchair-accessible local rides (non-emergency medical)	📞 County Transit Office (via DHS Saline County)	💲 Low-cost/free for seniors & Medicaid participants
Garland, Hot Springs, Clark, Pike	CareLink – Area Agency on Aging (Central AR)	🧓 Accessible vans; oxygen & lift-equipped vehicles	📞 501-372-5300 🌐 CareLink Transportation	💲 Free/low-cost for age 60+ & Medicaid
Miller, Lafayette	Christus St. Michael Health EMT Contract	🚑 Wheelchair & stretcher-equipped non-emergency medical transport	📞 Christus St. Michael billing or EMT dispatch	💲 Billed to Medicare/Medicaid; confirm eligibility
Nevada, Hempstead, Pike	Southwest Health System Non-Emergency Transport	🚐 Medical appointment transport with ADA vehicles	📞 Contact Southwest Health dispatch	💲 Medicare/Medicaid billing based on service

Region 7: Assistive Technology

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Name	What it Offers	Who it Helps	How to Access
Increasing Capabilities Access Network (iCAN)	Free AT assessments, short-term device loans, equipment demonstrations, training on use, and referrals.	Individuals with disabilities (including TBI), their caregivers, families, and service providers.	📞 Call: **1-800-828-2799** 🌐 Website: https://ar-ican.org
Arkansas Rehabilitation Services (ARS) – Region 5 (Hope Office)	- Assistive Technology evaluations and training - AT device procurement and maintenance - *Alternative Financing Program (AFP)*: Low-interest loans (up to $50K over 20 years) to purchase AT devices or home modifications.	People with disabilities (including TBI), students, and individuals seeking employment or independence.	📍 *205 Smith Road, Hope, AR 71801* 📞 Call: **870-777-3421** 🌐 ARS Contact Page

Region 7: Community Resources

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County	Service Name	Services Provided 🚗 💻	How to Access 📞 📍 🔗	Payment / Eligibility ✅ 💲
Saline, Garland	Saline Memorial Hospital – Rehab Services	🚗 In-person PT, OT, Speech 💻 Telehealth consults	📞 501-776-6145 📍 3620 W. Plainview Rd, Benton, AR 72015 🔗 SMH Rehab (Saline Health System)	✅ Insurance accepted 💲 Sliding scale available
Garland, Hot Springs, Clark, Pike	Healthy Connections – Hot Springs & Village	🚗 In-clinic PT, OT, Speech 💻 Telehealth Behavioral Health also	📞 888-710-8220 📍 Multiple locations: Hot Springs / Village 🔗 Healthy Connections	✅ Medicaid, Medicare, private insurance 💲 Sliding-scale – no one turned away
Hempstead, Nevada, Miller, Lafayette	Ouachita Behavioral Health & Wellness	🚗 In-person behavioral health + therapy support	📞 (online listing; provider near Hot Springs) 🔗 Ouachita BH&W	✅ Sliding fee scale available 💲 Free for qualifying patients
All listed counties	Arkansas Medicaid Therapy Providers	🚗 PT, OT, Speech via outpatient/home health 💻 Telehealth in some cases	📞 Request PCP referral 🔗 Arkansas Medicaid	✅ Free for Medicaid-eligible adults

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- Arkansas
- Jefferson
- Grant
- Dallas
- Ouachita
- Calhoun
- Columbia
- Union

Region 8: Support Groups

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County	Group Name	Location and Address	Meeting & Contact Info	Website Link
Jefferson	Little Rock In-Person Survivor Group	📍 Baptist Health Rehabilitation Institute, Ground Floor – Therapeutic Recreation Room 9501 Baptist Health Dr., Little Rock, AR 72205	🕑 2nd Wednesday monthly, 11:30 AM–1 PM 📞 Diane Gottsponer: 501-202-7047	🌐 biaarkansas.org (idhi.uams.edu, brainandspinalcord.org)
Union	El Dorado Survivor Group	📍 South Arkansas Regional Hospital, Conference Room 2700 W. Grove St., El Dorado, AR 71730	🕑 3rd Tuesday monthly, 5:00–6:30 PM 📞 RSVP: arkansasbia@gmail.com	🌐 biaarkansas.org
Grant, Dallas, Ouachita, Calhoun, Columbia	(No dedicated group found)	—	🙋 Residents are encouraged to attend Little Rock or El Dorado groups or contact BIAA to start a local group.	🌐 biaarkansas.org

Region 8: Transportation Services

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County	Service Name	What It Offers	How to Access	Payment / Eligibility
All listed	Arkansas Medicaid NET (Non-Emergency Transportation)	🚌 Door-to-door rides to Medicaid-covered appointments with wheelchair/lift access	📞 Call 1-888-987-1200 (48+ hours ahead) 🌐 NET Info	✅ Free for Medicaid beneficiaries
All listed	Verida NEMT (Arkansas Medicaid Broker)	🚍 Brokered, wheelchair-accessible transportation services for Medicaid recipients	📞 Region D Helpline: 1-888-822-6155 🌐 Verida Members	✅ Free with Medicaid
Jefferson	Jefferson County Senior and Disabled Transit	🚐 Wheelchair-accessible rides to medical and senior centers	📞 870-541-5406 🌐 Jefferson County Transit	💲 Usually free or low-cost for seniors and Medicaid
Union (El Dorado area)	South Arkansas Transit System	🚌 ADA-accessible medical transport and general transit	📞 870-864-7901 🌐 South Arkansas Transit	💲 Medicaid/Medicare accepted
Arkansas, Grant, Dallas, Ouachita, Calhoun, Columbia	Arkansas Transit Association Member Services	🚍 Various local transit providers with wheelchair accessibility	📞 Varies by county 🌐 Arkansas Transit Association	💲 Medicaid/Medicare billing options vary

Region 8: Assistive Technology

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Name	What it Offers	Who it Helps	How to Access
Increasing Capabilities Access Network (iCAN)	Free AT assessments, device loans, equipment demonstrations, training, and referrals.	Individuals with disabilities (including those with TBI), their families, caregivers, and service providers.	📞 Call: 1-800-828-2799 🌐 Website: https://ar-ican.org/
Arkansas Rehabilitation Services (ARS) – Region 6 (Pine Bluff Office)	- Assistive technology evaluations and procurement - Training on use and maintenance - *Alternative Financing Program (AFP)*: Low-interest loans (up to $50,000) for AT purchases	People with disabilities (including TBI), families, students, and workers needing support to regain independence.	📍 1001 S. Tennessee St., Pine Bluff, AR 71601 📞 Call: 870-534-2404 🌐 ARS Contact Page

Region 8: Community Resources

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Counties	Name	Services Provided	How to Access	Payment / Eligibility
Calhoun, Columbia, Dallas, Ouachita, Nevada, Union	Newhaven Counseling and Health 🏥	Discounted therapy services 💬	715 North College, El Dorado, AR 71730 📞 (870)-862-7921 or (800)-825-1554 🌐 newhavenchs.org	Not specified
Arkansas, Cleveland, Grant, Jefferson, Lincoln	Southeast Arkansas Behavioral Healthcare System, Inc. 🏥	Behavioral healthcare services 🧠	2500 Rike Drive, Pine Bluff, AR 71913 📞 (870)-534-1834 or (800)-272-2008 🌐 sabhs.org	Not specified
Jefferson (Pine Bluff region)	**Jefferson Regional Outpatient Therapy**	🚑 PT, OT, Speech (stroke, neuro, ortho rehab) 💻 Telehealth options	📞 (870) 541-3271 📍 Medical Center Drive, Pine Bluff, AR 🩹 [Jacobson Therapy – JRMC website] (Kentucky Department of Education, JRMC)	✅ Insurance & Medicare accepted 💲 Sliding scale available

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- Lincoln
- Drew
- Desha
- Chicot
- Ashley
- Bradley

Region 9: Support Groups

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*While there are not any TBI support groups within these counties directly, these are in-person support groups that are close to these counties. Click HERE to see online resources for support groups for more information!

Nearest County	Group Name	Location & Address	Meeting & Contact Info	Website Link
Pulaski (Little Rock)	**Little Rock In-Person Survivor Group**	📍 Baptist Health Rehabilitation Institute, Ground Floor Inservice Room, 9501 Baptist Health Dr., Little Rock, AR 72205	🕑 2nd Wednesday monthly, 11:30 AM – 1:00 PM 📞 Diane Gottsponer: 501-202-7047	🌐 biaarkansas.org (idhi.uams.edu, findhelp.org)
Union (El Dorado)	**El Dorado Survivor Group**	📍 South Arkansas Regional Hospital – Conference Room 2, 700 W. Grove St., El Dorado, AR 71730	🕑 3rd Tuesday monthly, 5:00 – 6:30 PM 📞 RSVP: arkansasbia@gmail.com	🌐 biaarkansas.org
Garland (Hot Springs)	**Hot Springs Survivor Group**	📍 Garland County Library, Meeting Room D, 1427 Malvern Ave., Hot Springs, AR	🕑 1st Wednesday monthly, 1:00 – 2:00 PM 📞 Bill Hartley: 501-416-6325	🌐 biaarkansas.org
Baxter Region (Mountain Home)	**Mountain Home Survivor Group**	📍 Donald W. Reynolds Baxter County Library – Knox Community Room B, 300 Library Hill Ln., Mountain Home, AR 72653	🕑 3rd Friday monthly, 1:00 – 2:00 PM 📞 RSVP: arkansasbia@gmail.com	🌐 biaarkansas.org

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Region 9: Transportation Services

Name	General Information	How to Access	Link	Other Counties	Payment / Eligibility
SEAT – Southeast Arkansas Transportation 🚆	709 E 8th Ave., Pine Bluff, AR 71601 📞 (870) 543-6340 TTY: (870) 543-6339 📞 Toll-Free: 1-866-501-7328 🕗 Mon-Fri, 8:00am–5:00pm	Call the main phone numbers during office hours to schedule non-emergent transportation services.	aaasea.org/services/transportation	Arkansas, Ashley, Bradley, Chicot, Cleveland, Desha, Drew, Grant, Jefferson, Lincoln	Usually Medicaid or other qualifying criteria; contact provider for details

Region 9: Assistive Technology

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Name	What it offers	Who it helps	How to Access
Increasing Capabilities Access Network (iCAN)	Free AT assessments, device loans, demonstrations, training, and referrals.	People with disabilities (including TBI), their families, and providers.	Contact iCAN at 1-800-828-2799 or visit their website here: https://ar-ican.org/
Arkansas Rehabilitation Services (ARS) – Region 9 (Monticello Office)	AT evaluation, procurement, training, and maintenance Low-interest loans (up to $50K over 20 years) to acquire AT devices https://dws.arkansas.gov/ar-rehabilitation-services/contact-ars/?utm_source=chatgpt.com	People with disabilities (including TBI), their families, and providers.	Monticello ARS Office (Region 9) serves Ashley, Bradley, Chicot, Cleveland, Desha, Drew, Lincoln counties: 📍 812 N. Main St., Monticello, AR 71657 📞 870-367-9669

Region 9: Community Resources

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Name and What it Provides	General Information	Link	County/ surrounding counties
Community Mental Health Centers – Delta Counseling Associates Offers outpatient/inpatient treatment for depression, PTSD, substance use, anxiety, trauma, family therapy, and more	Main office in Monticello: 790 Roberts Dr, Monticello, AR 71655; Tel: (870) 367-2461		Ashley, Bradley, Chicot, Desha, Drew
Southeast Arkansas Behavioral Healthcare System, Inc.	2500 Rike Drive, Pine Bluff, Ar 71913 (870)-534-1834 or (800)-272-2008	https://www.sabhs.org/	Arkansas, Cleveland, Grant, Jefferson, Lincoln

Online Resource Index

- Support Groups
  - CARE
  - THRIVE
- Transportation Services
- Assistive Technology
- Community Resources
- Substance Abuse Resources
- Mental Health Resources

Online Support Groups

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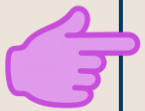
Support Group Name	When	Where	Contact
Online Survivor Support Group	Meets every Tuesday from 1:00pm to 2:00pm	From a computer: click https://v.ringcentral.com/join/894179693 OR From a smartphone: Download Ringcentral Meetings from your app store. Day of group click join meeting and use the following ID number: 894179693	For more information, contact NeCol Whitehead: nwhitehead@arsources.org or call/text 479-802-3903
Online Caregiver Support Group	Meets the 1st Monday of every month from 2:30pm to 3:30pm	From a computer: click https://v.ringcentral.com/join/894179693] OR From a smartphone: Download Ringcentral Meetings from your app store. Day of group click join meeting and use the following ID number: 894179693	For more information, contact NeCol Whitehead: nwhitehead@arsources.org or call/text 479-802-3903



Online Support Groups Pt. 2

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Support Groups	When	Where	Contact
Strive 2 Thrive Support Group (Online)	Meets the 1st and 3rd Mondays of each month from 6:30pm to 7:15pm	Webex Meeting Link Meeting number (access code): 2662 414 3747 Meeting password: ZyXsw3Nh9u7	Support group facilitated by Baylor Scott and White Research Department. Email TBIPeerMentorProgram @BSWHealth.org for questions.
Strive 2 Thrive Support Group (Online)	Meets the 2nd & 4th Monday of each month from 1:00pm to 1:45pm.	Webex Meeting Link Meeting number (access code): 2662 299 5665 Meeting password: iwNj8yAS3p6	Support group facilitated by Baylor Scott and White Research Department. Email TBIPeerMentorProgram @BSWHealth.org for questions.

CARE: Care and Resilience Education Workshop

This program consists of 6 virtual bi-weekly sessions, each lasting 2.5 hours. The first session is required, but you can choose which of the remaining sessions you'd like to attend. Participation is completely free.

Learn How to Manage:

- Caregiver Stress
- Psychiatric Symptoms
- Impulsivity
- Amotivation & Apathy
- Amnesia
- Aphasia
- Agitation

Link to website with requirements and application

- https://idhi.uams.edu/brain-injury-program/resource-directory/care-workshop/

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THRIVE: The Holistic Rehabilitation Intervention Experience

This is a 12 week program (virtual or in person) you get real-world opportunities to practice strategies learned in sessions. These strategies help improve thinking skills, manage emotional distress, and support recovery, giving participants practical tools for daily life.

Topics include:

- Attention
- Memory
- Adjusting to Your Injury
- Community Support
- Depression
- Anxiety
- Health Relationships
- Communication

Link for website with requirements and application:

- https://idhi.uams.edu/brain-injury-program/resource-directory/thrive/

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Online Transportation Information

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US Department of Transportation: Traveling with a Disability	Airlines must provide various types of assistance to passengers with disabilities, including help with boarding, deplaning, connecting flights, seating accommodations, and handling assistive devices. The U.S. Department of Transportation (DOT) offers training materials to help these passengers understand their rights.
Driver's Education & Evaluation	Visit to view a list of programs in and around Arkansas to help you get back to driving.
Mercy Medical Angels Mercy Medical Angels Mercy Medical Angels	Mercy Medical Angels has been providing free transportation to medical care since 1972. On the ground with gas cards, bus and train tickets and in the air with trips flown by volunteer pilots and the commercial airlines Mercy Medical Angels is here to ensure that no one in need is denied medical care because they don't have transportation.
Trailink – Rails to Trails Conservancy	Find the top-rated wheelchair accessible trails in Arkansas, whether you're looking for an easy short wheelchair accessible trail or a long wheelchair accessible trail, you'll find what you're looking for.
Vehicle Modifications	This section offers information about companies and technologies for people who need to purchase an accessible vehicle or have a vehicle modified. For financing options, click here.
Wheelchair Getaways	Wheelchair Getaways lets you rent wheelchair accessible vans at over 190 locations nationwide.

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Online Transportation Pt. 2: Statewide Information

Name	Phone Number	Link	Other Counties
NET	Think is a link to the map of the NET regions and each of the phone numbers affiliated with these. Click the link to find your region and phone number using the county you found at the beginning of this! https://medicaid.afmc.org/images/AFMC_NETmap_ENGLISH_20230101_v12.pdf	How to schedule a ride https://humanservices.arkansas.gov/divisions-shared-services/medical-services/healthcare-programs/net-non-emergency-transportation/?utm_source=chatgpt.com	All counties in Arkansas have coverage!

Online Assistive Technology: ICAN

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The Increasing Capabilities Access Network (iCAN) is Arkansas's statewide Assistive Technology program, dedicated to making technology accessible to all residents, regardless of age, income, or disability. iCAN provides free services such as device loans, demonstrations, training, and equipment reuse to help individuals live, work, and communicate more independently. More information can be found below!

- **Link to Website:** https://ar-ican.org/resources-help/
- **Link to Assistive Technology search engine:** https://equipment.ar-ican.org/item
- **Address:** 5401 S. University Little Rock, AR 72209
- **Phone:** (501) 666-8868
- **Toll-Free:** (800) 828-2799
- **Email:** ican@arkansas.gov
- **Director information:** Rick Anderson
  - Email: @rick.anderson@arkansas.gov
  - Can assist with; device demo, device loan, and reutilization of devices
- **Financial Loan Information**
  - Contact Name: Henry Washington
  - Email: Henry.Washington@arkansas.gov

Assistive Technology Pt. 2

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ActiveAid	ActiveAid specializes in providing customers with the highest quality shower chairs, commode chairs, raised toilet seats and bath benches.
Adapt Health	Adapt Health is a durable medical equipment (DME) company that provides respiratory therapy services and medical equipment to primarily older adults. There are several locations located around Arkansas.
Arkansas Relay Services	Arkansas Relay offers free, confidential phone services 24/7 for people who are Deaf, Hard of Hearing, or DeafBlind. Trained operators help connect calls to anyone, anywhere.
ICAN – Tools for Life	(iCAN) is connecting Arkansans with the technology they need to help them learn, work, communicate and live more independently.
Telecommunications Access Program	The Telecommunication Access Program (TAP) provides specialized telecommunication equipment to eligible Arkansans who are deaf, hard of hearing, deaf-blind, or who have a speech, visual, mobility, or intellectual impairment.

Online Community Resources

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Resource	Services	Online Options	Cost	Website & Contact Info
SOURCES for Community Independent Living	Life skills training, assistive tech, support groups (OT-style focus)	✅ Weekly Zoom classes	Free	🌐 arsources.org 📞 (479) 927-4100 ✉️ Contact Form
TBI Survivors Network	OT/PT/ST peer support, advocacy, virtual support groups	✅ Weekly Zoom groups	Free	🌐 tbisn.org 📧 tbisn@tbisn.org 📞 (360) 754-0764
UAMS Speech & Hearing Clinic	Speech/language/swallowing therapy for adults	🟡 *Call to confirm telehealth*	Sliding scale	🌐 uamshealth.com Speech Clinic 📞 (501) 569-3155
Project Connect – Arkansas Total Care	Statewide therapy provider guide (OT, PT, ST) for Medicaid adults	🟡 Clinic-dependent	Free (Medicaid)	📘 Project Connect Guide (PDF) 🌐 arkansastotalcare.com 📞 1-866-282-6280
ARPTA (Arkansas Physical Therapy Association)	PT-related CEU events, advocacy, public education	🟡 Some virtual events	Varies	🌐 arpta.org 📧 arpta@aptainc.org 📞 (501) 244-9028
Easterseals Arkansas – Adult Services	Day programs, OT/PT/speech therapy, job support	🟡 Call for online options	Free / Medicaid	🌐 easterseals.com/arkansas 📞 (501) 227-3600 📧 info@eastersealsar.com

Online Substance Abuse Disorders (SAD) Resources

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Program Name	Type	What It Offers 🚗💻	How to Access	Cost / Eligibility ✅ 💲
Arkansas Regional Service Committee of Narcotics Anonymous (NA)	NA (Narcotics Anonymous)	💻 Local and virtual peer-led recovery meetings	🔗 Find a local meeting 🔗 Virtual NA info 🔗 Virtual-NA.org	✅ Free Open to all seeking recovery
Alcoholics Anonymous – Arkansas Directory	AA (Alcoholics Anonymous)	💻 Online and in-person AA meetings for alcohol recovery	🔗 AA Meeting Directory 🔗 Sober.com AA Listings	✅ Free Anonymous & open to all
SMART Recovery	Peer-Based Recovery Program	💻 Science-based, non-12-step online meetings & tools for addiction recovery (substance & behavioral)	🔗 smartrecovery.org	✅ Free to join groups 💲 Some optional paid tools

Online SAD Resources Pt. 2

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Program Name	Type	What It Offers 🚙💻	How to Access	Cost / Eligibility ✅ $
Loosid	Sober Social Network & Recovery App	📱 App-based sober community, daily motivation, and anonymous support chats	🔗 loosidapp.com	✅ Free app Optional premium features
Recovery Dharma	Peer-Based Meditation Recovery	💻 Online meetings using Buddhist principles for addiction recovery	🔗 recoverydharma.org	✅ Free Donations accepted
Online Mental Health & Substance Abuse Resource Portal	Mental Health + SUD	💻 Directory of virtual therapy, counseling, and group support services	🔗 SAMHSA Treatment Locator 🔗 211.org	✅ Free/low-cost options based on income or insurance

Online Mental Health Resources

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988 Suicide & Crisis Lifeline	The Lifeline offers free, confidential support 24/7 for anyone in distress. Call or text 988, or use the live chat at 988lifeline.org.
AR ConnectNow	If you're facing mental health challenges like depression, anxiety, or stress, call the AR ConnectNow call center anytime at 501-526-3563 or 800-482-9921. The virtual clinic is open Monday through Friday, 8am to 5pm
Arkansas Crisis Stabilization Units	Arkansas has four Crisis Stabilization Units, which were created to be alternatives to jails and emergency rooms for people in crisis who encounter law enforcement.
Arkansas Relationship Counseling Center	If you're interested in individual, relationship, or family counseling, we've partnered with the Arkansas Relationship Counseling Center to support you. Contact us at braininjury@uams.edu or (501) 526-7656 to learn more.
Psychology Today	Find mental health providers in your area. Filter by location, insurance, age, types of therapy and more.
Suicide Safety Plan	A safety plan is a step-by-step guide of coping strategies and support resources. It helps you recognize triggers for suicidal thoughts and find ways to feel better and stay safe.
UAMS Psychiatric Research Institute	The UAMS Psychiatric Research Institute is a unique facility dedicated to treating and studying mental illness, with expert staff caring for patients of all ages and needs.

Can’t Find What You Need?

This link below will take you to the Arkansas Children’s Resource Center. Here you will find a search bar, where you can enter in you zip code. Once you have done this there will be programs and information for other resources found in the area that live. Click the link below to start searching! Enjoy your journey!

Arkansas Children Resource Connect: https://resources.archildrens.org/